From Wellness to Learning

🦠 Empowering Learning, Supporting Families, 🔊

A HOLISTIC APPROACH FOR NEURODIVERGENT CHILDREN & THEIR FAMILIES

Navigating neurodivergence can feel overwhelming, but you don't have to do it alone. Our Comprehensive Neurodivergent Wellness Program is designed to provide the medical, behavioral, and educational support that children and families need to thrive.

WHAT MAKES OUR PROGRAM UNIQUE?

We offer an integrated approach that supports the whole childfrom their medical needs to behavioral and educational success. Our team works collaboratively to provide personalized care in a sensory-supportive environment while offering families the resources and guidance needed for school and home success.



OUR SUPPORT & SERVICES

MEDICAL & SENSORY SUPPORTIVE PRIMARY CARE



Sensory-friendly pediatric neurodivergent needs



Primary care services tailored office designed for children with to children with developmental delays, ADHD, autism & behavioral challenges



Evaluations & Diagnosis



TEP & 504 Plan Support Understanding, navigating, and advocating for your child's needs at school.



Behavior & Sensory Strategies Custom strategies for home and



Parent Coaching & Workshops Learn how to support your child's unique learning and behavioral needs



classroom success!

School Collaboration Work w/teachers & districts to ensure your child receives appropriate accommodations

BEHAVIORAL AND MENTAL



Cognitive Behavioral Therapy (CBT) with a licensed social worker

Strategies for emotional regulation, anxiety, and social skill development

Tools for building independence & daily living skills



This program is designed for children who:



Been diagnosed with ADHD, autism, sensory processing disorder, or other developmental delays

Struggle with school behaviors, social interactions, or emotional regulations

Need comprehensive support beyond primary care - including therapy, educational consulting, and parental coaching



@watertownpediatrics.org





